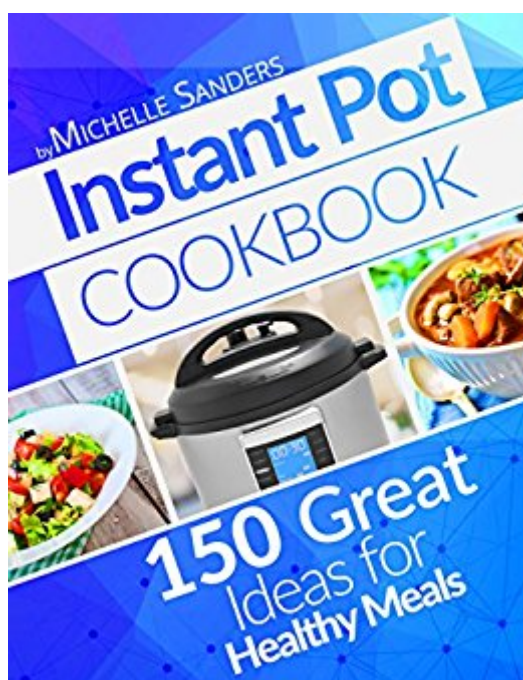


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# Instant Pot Cookbook: 150+ Great Ideas For Healthy Meals. Instant Pot Recipes For Two And For The Whole Family



## Synopsis

Enjoy these 150+ Great Instant Pot Recipes for Quick and Easy Stress-Free Meals All the recipes in this cookbook have nutritional information per serving. Everyone needs a general use cookbook that covers all different types of foods and this is the Instant Pot version of such book. This book covers basic recipes and more complex recipes. Cooking using Instant Pot helps you save money and preserve essential vitamins in your food thus allowing you retain much more nutrients in the food for your body and eat healthier without spending all your day in the kitchen. In this Instant Pot Cookbook you will find such recipes: Instant Pot Grains Recipes Instant Pot Rice Recipes Instant Pot Bean Recipes Instant Pot Poultry Recipes Instant Pot Egg Recipes Instant Pot Beef Recipes Instant Pot Pork and Lamb Recipes Instant Pot Seafood Recipes Instant Pot Vegetable Recipes Instant Pot Soup Recipes Instant Pot Stocks and Sauces Instant Pot Dessert Recipes

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## Customer Reviews

I simply love this author and his recipes! Great selection, precise measurements and nutrition explained. I recommend this book to anybody with instant pot. You won't need any other book for

your device!

Great cookbook with many tasty recipes, that doesn't take that much time to do thanks. The health benefits are huge. Thanks

I liked the recipes and amazed that there are so many varieties of ideas for healthy and delicious meals. This cookbook is informative and easy to follow.

Instant pot cookbook is an ideal choice for those of you who are planning to save time, while cooking delicious foods that your family will love. If you searching for an approach to spare time with regards to cooking low carb sound dinners this is the book for you... Instant pot cookers have their own particular warmth source inside the pot, so you have add up to control over the whole cooking process. Awesome recipes cookbook! I highly recommend this book in case you're searching for motivation in the kitchen.

After the author went over what the instant pot is all about such as how to use it and the benefits of cooking using the instant pot, the recipes follow. There are indeed over 150 different recipes in the book and the pictures add to the book. Not to mention that the recipes themselves are easy to follow and I tried a few of them, tasty results! An excellent cookbook.

A wide variety of different dishes so you never tire of such a small offering as in some cookbooks. I appreciate reading reviews and write these in hopes they will assist you in making wise choices. I love the great variety, and some of them are simply delicious, my family loves it.

This instant pot cookbook is something that everyone wants to have. The recipes in this cookbook is very practical and you can prepare anytime you want. Instant pot is one of the easiest device to use while cooking. Highly recommended cookbook!

Instant Pot Cookbook by Michelle Sanders is an awesome book on cook recipes. It book covers some basic and complex recipes which was really delicious and tasty. I also got some recipes that can be put together in a few minutes. Highly recommended for instant cooker.

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